



THE CENTER FOR AGING

*Helping Older Virginians Live Independently*

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FOR IMMEDIATE RELEASE

**SENIOR SERVICES ELECTS NEW OFFICERS**

(Hampton Roads, Va., Feb. 22, 2010) – William A. Murden, president, CEO and co-founder of FamilyCare Senior Solutions Inc., has been elected new board president of Senior Services of Southeastern Virginia.

Murden has served on the board of directors of Senior Services for five years.

Joining Murden in new two-year terms as officers and executive committee members of Senior Services are:

- First Vice President Delceno C. Miles, president and CEO of The Miles Agency.
- Second Vice President Ken Shewbridge, president of TCI Voice and Data Networks.
- Treasurer David A. Price Sr., founder of Price Tax Accounting LLC.
- Secretary Shernita Bethea, housing and human services manager of the Hampton Roads Planning District Commission.
- Executive Committee member W. Maurice Biggs Jr., a retired Army lieutenant colonel.

- Executive Committee member Herbert W. DeGroft, immediate past president of Senior Services of Southeastern Virginia and retired human resources director of Smithfield Packing Co.
- Executive Committee member Cecil Jenkins, president of the Cecil Jenkins Insurance Agency Inc.
- Executive Committee member Joice Whitehorn, an assistant director of Suffolk Social Services.

Senior Services of Southeastern Virginia is the regional not-for-profit organization in South Hampton Roads that supports and enriches the lives of older Virginians and their families through advocacy, education, information and comprehensive services. Its headquarters and satellite offices assist citizens in Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and Isle of Wight and Southampton counties. Programs, services and resources include home-delivered meals, transportation, and counseling for Medicare, Medicaid and long-term care insurance.

For more information about Senior Services of Southeastern Virginia, please call (757) 461-9481 or visit [www.ssseva.org](http://www.ssseva.org).

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**Its headquarters and satellite offices offer everything from home-delivered meals for qualifying seniors to counseling for Medicare, Medicaid and long-term care insurance.**

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